

ALBION SC Recreational

NATIONALLY RECOGNIZED FOR DEVELOPMENT, ADVANCEMENT & PLACEMENT

2016 FALL REGISTRATION

Fall Recreational League Season

Dates: August 29th – November 5th, 2016

Ages: 7-13 **Cost:** \$245

Program Goal: To offer the best in-house, non-competitive, developmental soccer league for recreational players

Program Highlights:

- Full-time Director giving direction, guidance, and passion to benefit each child, giving vision for the future
- Two training sessions weekly run by an Albion SC staff coach and a match played on Saturday
- Family chooses training session days when registering
- League sets team rosters for fair, balanced play
- One buddy request honored
- 9 Game season: September 10th -November 5th
- No training the week of October 31st due to daylight savings
- Albion SC staff coach will act as referee/mentor for all games
- All games will be small sided: 5v5 (includes GK)
- Puma uniform including jersey, shorts, and socks
- Training t-shirt (must be worn to training sessions)
- Team & individual pictures
- Participation medals
- All Star program

Development model:

Based on US Youth Soccer recommendation:
Teams may be reshuffled at halftime to create fair and balanced games, foster sportsmanship, focus on development of players, give the opportunity to play with different players and take away any competitive atmosphere

Options to Sign Up:

1. On-Site Registration

Robb Field, Ocean Beach (Clubhouse):
-Monday + Tuesday 1-730pm or Wednesday + Thursday 1-6pm

2. Mail-in Registration

Return the player registration form (Cal South Form), Check made out to PSL. Mail to 1804 Garnet Ave. #495 SD CA 92109

3. Online Payment Option with Credit Card

Please visit our website for instructions www.albionsoccer.org

2016 Summer Camps

CAMP 1: JUNE 27 - 30 (4 DAYS) \$85
CAMP 2: JULY 5 – 7 (3 DAYS) \$65
CAMP 3: JULY 12 – 14 (3 DAYS) \$65
CAMP 4: JULY 19 - 21 (3 DAYS) \$65
CAMP 5: JULY 26 - 28 (3 DAYS) \$65
CAMP 6: AUG 2 - 4 (3 DAYS) \$65
CAMP 7: AUG 9 - 11 (3 DAYS) \$65
CAMP 8: AUG 16 - 18 (3 DAYS) \$65
CAMP 9: AUG 23 – 25 (3 DAYS) \$65

All Camps will be 9-11am

Why Small Sided Games

(From US Youth Soccer):

1. Because we want our young soccer players to touch the soccer ball more often and become more skillful with it! (Individual technical development)
2. Because we want our young soccer players to make more, less-complicated decisions during the game! (Tactical development)
3. Because we want our young soccer players to be more physically efficient in the field space they are playing in! (Reduced field size)
4. Because we want our young soccer players to have more, involved playing time in the game! (More opportunity to solve problems that only the game presents)
5. Because we want our young soccer players to have more opportunity to play on both sides of the ball! (More exposure to attacking and defending situations)
6. Because we want our young soccer players to have more opportunities to score goals! (Pure excitement)
7. Because we want to include children of all temperaments, assertive to shy, to have more opportunities to interact with others and the game! (Socialization)

The "Small-Sided" environment is a developmentally appropriate environment for our young soccer players. It's a FUN environment that focuses on the young soccer player.

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