

Coaches,

Thank you for your support of PSL this spring in volunteering to coach a team. I wanted to take the opportunity to set the stage for the upcoming Spring season. Spring 2010 is Albion SC's grand integration of the PSL Micros into the Albion Juniors professional youth development program for ages 4 – 6. You will be the first coaches to experience the Albion Juniors unique way. We are still accepting Juniors registrations and are beginning the team forming process. There are still spots available so please help us get the word out that Albion Juniors registration is still open. Please take note of the following administrative items:

IMPORTANT DATES

- **Wednesday, April 7: Albion Juniors Coaching Seminar 7:00pm**
ALBION/PSL SC Clubhouse – Robb Field
 - This meeting is mandatory for all coaches to attend. You will receive the Albion Juniors Core Curriculum, t-shirts, uniforms, game schedule, and a coaches shirt. We will review all important items for the spring so that all coaches are on the same page. This will also be the first of our Coaching Education and Mentorship program you will partake in.
- **Sunday, April 11: Opening Day 12-5 PM (Schedules to be released March 29th) Bill Cleator Park**

COACHING - The focus of our spring league is individual skill development and fostering the love and enjoyment of the game. Team tactics are not as important, especially at this micro level, as seeing each individual begin to build a sound relationship with the ball and to feel freedom to express and try new skill moves learned during training. We want to allow our kids to grow at their own pace and give them the freedom to take risks, try a new skill move, and express themselves in the game as they see fit.

- **WEEKLY TRAINING SESSIONS** – Led by myself and you as Albion Juniors Coaches. Once a week on alternating Tuesdays and Wednesdays. All Boys will train one hour together and then All Girls will train together. Each Juniors' coach will need to attend to assist the training sessions. You can choose one hour or two. Your choice. Notification prior to the sessions will confirm your attendance.
- **EVERY OTHER FRIDAY ALBION JUNIORS SOCCER CLINICS** - Led by myself and a team of professional staff coaches from Albion Soccer Club, we will be focusing on skill building and developing a better relationship with the ball. We aim to teach good fundamental techniques, and experience each basic soccer skill giving our junior players the confidence to play effectively in game situations and will enhance their enjoyment of the games played on Sundays
- **STREET SOCCER** - Street soccer in its purest form is a simple way to play the game. No frills. Inexpensive. Best of all, it ignites the creative process both physically and psychologically, which forms the basis of imaginative play. We are going to let them play!
- **SPECIALTY CAMPS** – Throughout the season we will focus on various techniques the kids will learn to develop through our specialty clinics.

SCHEDULE 07APR10: Albion Jrs' Coaching Seminar (7 – 9pm)
13APR10: Training Day
Boys: 4:30 – 5:30
Girls: 5:30 – 6:30
16APR10: Albion Juniors Skills Clinic (All) (Optional): 4:30 – 5:45
21APR10: Training Day
Boys: 4:30 – 5:30
Girls: 5:30 – 6:30
27APR10: Training Day
Boys: 4:30 – 5:30
Girls: 5:30 – 6:30
30APR10: Albion Juniors Skills Clinic (All) (Optional): 4:30 – 5:45
05MAY10: Training Day
Boys: 4:30 – 5:30
Girls: 5:30 – 6:30
06MAY10: Street Soccer Day #1 (All): 4:30 – 5:45
11MAY10: Training Day
Boys: 4:30 – 5:30
Girls: 5:30 – 6:30
14MAY10: Finishing/Shooting Camp (All): 4:30 – 5:45
19MAY10: Training Day
Boys: 4:30 – 5:30
Girls: 5:30 – 6:30
25MAY10: Training Day
Boys: 4:30 – 5:30
Girls: 5:30 – 6:30
28MAY10: Albion Juniors Skills Clinic (All) (Optional)
02JUN10: Training Day
Boys: 4:30 – 5:30
Girls: 5:30 – 6:30
03JUN10: Street Soccer Day #2 (All): 4:30 – 5:45

ALBION SC & PENINSULA SOCCER LEAGUE ON ALBION JUNIORS

- Peninsula Soccer League operates under the same umbrella as Albion SC and we work hand in hand to provide opportunities for kids of all ages and ability levels to play soccer in this community. Albion SC is a competitive year round program designed for serious soccer players seeking a higher level of play and professional coaching, and PSL is our seasonal recreational program. Our goals are to bridge the gap between Albion SC and PSL and to provide better training opportunities for recreational players to gain skills and find the passion for the beautiful game of

soccer. Albion Juniors will provide a dual professional path for our younger players. While in Juniors you will have the best of both worlds for competitiveness and recreation. When the Albion Junior player reaches the U7/8 stage in their lives they have a choice to progress directly into U8 Albion SC or into U8 PSL without skipping a beat on getting touches on the ball.

JUNIORS UPDATE

- We are still accepting registrations and are starting to form teams. As soon as our team's are formed, you will be contacted and asked to call each of your players. Roster sizes, depending on age group will be between 6-9 players.
- **PLEASE HELP US PROMOTE THE JUNIORS PROGRAM.** We are still looking for a few players. Please help us get the word out and if your child has a friend that would like to join, please get their registration and payment in to us ASAP.

I look forward to seeing everyone on April 7th. Let me know if you have any questions. Please reply to this email to confirm your attendance and so I know I have the right email address.

Kind Regards,
Chris

Chris Cesa

Director, Albion Juniors

Assistant Director, Peninsula Soccer League (PSL)

Registrar, PSL

Albion Soccer Club

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