

DAY WITH A DIRECTOR

Each team will have two training sessions led by PSL Director Ryan Carruth.

“As your Director I am committed to working with the kids of our league. This spring my focus will be on helping players develop a better relationship with the ball – to be able to pass, shoot, dribble, and control the ball proficiently, with skill and creativity. The Day with the Director program will enable me to have the opportunity to coach every single player in our spring program.

I believe that the key to enjoying the game of soccer is to develop a sound relationship with the ball and further that our children will gain confidence by learning to do things well. I aim to help players correct "bad habits," and to learn the correct individual, technical skills right from the start. Mastering each basic soccer skill gives young players the confidence to play effectively in game situations and enhances their enjoyment of the game.”

APRIL TRAINING

MON 4/12	U8 BOYS	WED 4/14	U8 GIRLS
4:30-5:30	Team #1 & Team #2	4:30-5:30	Team #1 & Team #2
5:30-6:30	Team #3 & Team #4	5:30-6:30	Team #3 & Team #4
		6:30-7:30	Team #5 & Team #6
MON 4/19	U10 BOYS	WED 4/21	U10 GIRLS
4:30-5:30	Team #1 & Team #2	4:30-5:30	Team #1 & Team #2
5:30-6:30	Team #3 & Team #4	5:30-6:30	Team #3 & Team #4
MON 4/26	U12/ U14 BOYS	WED 4/28	U12 / U14 GIRLS
4:30-5:30	Team #1 & Team #2	4:30-5:30	Team #1 & Team #2
5:30-6:30	Team #3 & Team #4	5:30-6:30	Team #3 & Team #4

MAY TRAINING

MON 5/3	U8 BOYS	WED 5/5	U8 GIRLS
4:30-5:30	Team #1 & Team #3	4:30-5:30	Team #1 & Team #6
5:30-6:30	Team #2 & Team #4	5:30-6:30	Team #2 & Team #4
		6:30-7:30	Team #5 & Team #3
MON 5/10	U10 BOYS	WED 5/12	U10 GIRLS
4:30-5:30	Team #1 & Team #3	4:30-5:30	Team #1 & Team #3
5:30-6:30	Team #2 & Team #4	5:30-6:30	Team #2 & Team #4
MON 5/17	U12/ U14 BOYS	WED 5/19	U12 / U14 GIRLS
4:30-5:30	Team #1 & Team #3	4:30-5:30	Team #1 & Team #3
5:30-6:30	Team #2 & Team #4	5:30-6:30	Team #2 & Team #4