



PENINSULA SOCCER LEAGUE 2010
SPRING SOCCER CAMP

“Establishing a strong foundation”

Dates: **WEEK 1:** March 29, 30, 31

WEEK 2: April 5, 6, 7

Location: Robb Field, 9:00 am-12:00 noon

All Age Groups: Micro – U14

Cost: \$60 Includes camp t-shirt

PSL’s Spring Soccer Camp is designed to establish a strong foundation for the player. Players will train under the guidance of PSL Director Ryan Carruth and an entire professional coaching staff, through 10 hours of extensive training, team building, player and team bonding.

The players will experience:

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| <ul style="list-style-type: none"> • Player Technical Development • Player Tactical Awareness • Goal Keeper Training • Scrimmages and Competition • Team Atmosphere and Bonding | <ul style="list-style-type: none"> • Proper Training Habits • Fitness and Conditioning • Speed and Agility Training • Foundation of Soccer Skills • Team Building Activities & Games |
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The 3-day 10-hour camp will include instruction each day by a professional coach.

- Bring Water • Sweats • Snacks • Cleats • Shin Guards • Ball.

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\$60 “SPRING CAMP” (\$80 walk-up day of camp)

Please sign below to confirm your player’s participation in the 2010 PSL Spring Camp

Deadline for U.S. Mail registration: MARCH 19, 2010

Mail To: Peninsula Soccer League, Att: PSL Spring Camp, P.O. Box 7551, S.D., CA 92167

Players Name _____ Age / Division: BU/GU _____	
Parent/Guardian Name _____	Date: _____
Phone _____	Email _____ Shirt Size _____