

# **ALBION SC 2007-2008 TEAM CAMP**

**“Where the season begins”**

June 25-June 29, 2007

Robb Field, 9am-1pm

The camp will start our 2007-2008 season, allowing teams to train under the guidance of Noah Gins and the entire staff. Through 20 hours of extensive training, team building, and player and club bonding, the Albion Team Camp establishes a strong foundation for the year and allows us to start the year properly.

## **The teams and players will experience:**

- Team Bonding
- Team Building activities
- Proper training habits
- Fitness and Conditioning
- Speed and Agility Training
- Foundation of Albion Skills
- Coach-Player development
- Club-Team development
- GK Training
- Inter-club scrimmages and competition

During the camp we will distribute the Albion 2007 Training Shirt. Please bring lunch, water, running shoes, sweats, cleats, shin guards, ball.

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All players attending will need to have the camp application submitted to **Albion SC- Team Camp**, at 1666 Garnet Ave. #1022 SD, CA 92109 Checks payable to **Peninsula Soccer League** for \$95.

**Deadline for entry fee: June 11, 2007 (\$25 late fee received after deadline.)**

(Please Print Clearly)

Name \_\_\_\_\_ Team: \_\_\_\_\_ Coach: \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_